

**AN INTRODUCTORY GUIDE
TO THE
DIVISION OF SERVICES
FOR
PEOPLE WITH DISABILITIES**

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Division of Services
for People with Disabilities

Our Mission

Is to promote opportunities
and provide supports
for persons with disabilities to lead
self-determined lives.

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INTRODUCTION

People with disabilities, including children and adults and their families, have unique challenges unfamiliar to the general population. This guidebook is an introduction to the Division of Services for People with Disabilities (Division), part of the Department of Human Services. People with the following disabilities are eligible for services if they meet requirements outlined by the Division's Administrative Rule R539-1.

- Intellectual Disabilities and Related Conditions
- Brain Injury
- Physical Disabilities

The Division offers services that assist people to live, learn, and work as part of their communities. Services include family support, supported employment, other day services and a range of residential services from personal assistance or companion service to 24-hour supervised living. It is only one avenue of accessing resources for individuals with disabilities. Other non-Division sponsored resources include Supplementary Security Income (SSI), Medicaid, medical professionals, the Department of Health's Early Intervention and local school districts. The services that the Division provides are based on eligibility and designed to ensure a person's health and safety and help an individual to live a more self-determined and fulfilling life. Some of these services are listed below.

- Respite
- Family Training and Assistance
- Supported Employment
- Day Supports
- Supported Living
 - In-home Supports
 - Out-of-home Supports
- Supervised Community Living
- Residential Alternatives
- Personal Assistance

These services are provided by contracted provider companies or as family or self-directed services using a fiscal agent. Intellectual disability or brain injury waiver services are monitored by a Support Coordinator. Physical disability waiver services are monitored by a nurse coordinator.

This guidebook was prepared for people with disabilities and their families. Brief descriptions of some of the Division services are included. It also has definitions and lists resources to facilitate finding other information. (Definitions, resources and Division offices are listed in the back of the book and the last page is a timeline of supports.) Your local Division office can give you more details about services and resources.

Statewide Toll Free Numbers: The Division has implemented a statewide toll free number to better serve the public and individuals receiving our services. The State Office information number is 801-538-4200 in Salt Lake County or 1-800-837-6811 statewide. Individuals at these numbers will assist you with general questions and referrals. The toll free number to determine eligibility for services is 1-877-568-0084. Persons at this number will guide you through the intake process.

Help with answers to your questions and/or concerns regarding Division services: A Constituent Services Liaison has been established in the Division's State Office to listen and help resolve your concerns regarding Division services. We encourage you to first contact your local office to see if they can meet your needs. However, if problems or questions cannot be resolved locally, the Division Constituent Services Liaison will help ensure that you receive a timely response and resolution to your questions and/or concerns. The Constituent Services Liaison can be reached at 801-538-4200 in the Salt Lake County area or at our statewide toll free number, 1-800-837-6811.

APPLYING FOR AND RECEIVING SERVICES

When you first contact the Division, the Division will need to determine your eligibility. People may be eligible if they have qualifying disabilities in one of the three areas listed below:

Intellectual Disabilities (children and adults with onset of disability before age eighteen) or related conditions such as cerebral palsy or autism (children and adults with onset of disability before age twenty-two).

Applicants must have substantial functional limitations in three or more of the following activities of daily living (ADLS):

- Self-care
- Receptive and expressive language
- Learning
- Mobility
- Self-direction
- Capacity for independent living
- Economic self-sufficiency

Acquired Brain Injury (The injury must have occurred after the age of 18 to participate in the waiver program)

Applicant must:

- Have a documented acquired neurological brain injury including an ICD 9 Code signed by a licensed physician
- Be eighteen years of age or older
- Score between 40 and 120 on the Comprehensive Brain Injury Assessment
- Have substantial functional limitations in three or more of the following life activities:
 - Memory or cognition
 - Activities of daily life
 - Judgment and self-protection
 - Control of emotion
 - Communication

- Physical health
- Employment

Applicants with functional limitations due solely to mental illness, substance abuse or deteriorating diseases like Multiple Sclerosis, Muscular Dystrophy, Huntington's Chorea, Ataxia or Cancer are ineligible for ABI services.

Applicants with intellectual disabilities or related conditions are ineligible for ABI services.

To receive information on children with Acquired Brain Injury, please contact the Division.

Physical Disabilities (must be over the age of eighteen)

Applicants must have lost the functional use of two or more limbs and be capable of managing life at home with the help of attendants. The injury could have occurred at any age.

When a person is found eligible for the Utah Community Supports Waiver for People with Intellectual Disabilities, Acquired Brain Injury Waiver, or Physical Disabilities Waiver, an evaluation called the Needs Assessment is completed. This assessment considers the individual's medical records, psychological evaluations, school records (when applicable), and a questionnaire administered by a Division intake worker. After you have gone through the eligibility intake process and are found to be eligible, you may be told that you will be put on a waiting list for services, prioritized according to the needs of each individual and family. There are options other than home and community based services; you may choose to enter an Intermediate Care Facility (for persons with) Mental Retardation (ICF/MR) if you are eligible due to intellectual disabilities, or a nursing home if you are eligible due to a brain injury or physical disabilities. You do not have to enter an institutional setting. You can choose to wait for waiver services or go into an ICF/MR or nursing home. Funding for services is

allocated from the Legislature each year and, as funds are available, individuals are notified and brought into service. Once you have been placed on the waiting list, you will be assigned a contact person at a regional Division office. If the needs of the person with a disability change or the family situation changes, you should notify the Division contact person to update your Needs Assessment score.

You may ask why you should apply for services if you are going to be placed on a waiting list. As mentioned, the funding for the waiting list comes from the Utah State Legislature each year. The waiting list helps the Division and the Legislature to plan for future needs. Also, if you are on the waiting list, the Division will be able to get referral information to you and connect you with local family groups and networks. These groups can be a "lifeline" to you, and can connect you with many other resources. Most family groups meet monthly and many have newsletters that will be sent to all those who receive services or are on the waiting list. These groups can provide information to assist you to become an advocate for services for yourself or your family member with disabilities.

If you are on the waiting list for physical disabilities services, the nurse coordinator can connect you with other resources while you are waiting. A nurse coordinator will contact you when you are accepted into physical disabilities services. The nurse coordinator will work with you to develop a plan of care that defines needed services and the amount of attendant care hours you qualify for. Your budget will be based on the needed services.

The Division will send notification to you when you are accepted into services for intellectual disabilities or brain injury services. A Support Coordinator will be assigned to help you develop a plan for the supports and services that are needed and determine the budget for those services. Your Support Coordinator is your connection to the Division and is able to answer many questions

you may have about the services and supports available, as well as direct you to other resources that may help you with your needs.

- The Division is not the agency that provides services for someone with a mental illness. (Contact your local Mental Health agency.)
- The Division is not the agency for persons with vision or hearing impairment. (Contact your local school district, the Utah State Office of Rehabilitation Services, the Division of Services for the Blind and Visually Impaired or the Division of Services to the Deaf and Hard of Hearing.)
- The Division is also not the agency for those with a disability as a result of the aging process. (Contact your local county Aging Services.)

You will find a list of frequently requested resources at the back of this book.

MEDICAID WAIVERS

Medicaid is one of the primary supports for people with disabilities. Generally, Medicaid is available to low-income families and those receiving Supplemental Security Income (SSI). However, certain individuals with special needs may qualify for benefits and funding through a waiver program called the Home and Community-Based Services Waiver. The Home and Community-Based Services Waiver has more liberal financial eligibility guidelines that are NOT based on family income. When you receive services through the Division, you may be eligible for a Medicaid waiver. By using Medicaid waivers, the State of Utah receives federal matching dollars to help fund services for people with disabilities. The following are the Home and Community-Based Services Waivers that are available through this Division.

- Utah Community Supports Waiver for People with Intellectual Disabilities and Related Conditions
- Acquired Brain Injury Waiver
- Physical Disabilities Waiver

To receive more information about these specific waivers, contact the Division.

DIVISION PARTNERSHIP WITH INDIVIDUALS AND FAMILIES

The Division works to build a partnership with individuals and families who have children with disabilities. In this section you learn about the philosophies and methods that are used to promote that partnership.

Self-Determination

The philosophy of the Division is built upon the principles of self-determination, which promote opportunities and provide supports for persons with disabilities to participate fully in life. This is the guiding force behind the services offered by the Division. At the core of self-determination are the following values.

- Freedom to make choices about services and supports.
- Authority to decide how one's income and support funding is used.
- Support from a network of resources including natural supports and the community.
- Responsibility to be accountable for decisions and to give to one's community.

It is important to encourage your family member with disabilities to have goals. One way of doing this is by participating in the Person-Centered Planning process. This process is a tool that helps make self-determination real in an individual's life. To learn more about self-determination and person or family-centered planning, contact the Division or your local consumer or family groups.

Person-Centered Process

A Person-Centered Planning process is a great way to get to know a person and learn what is most important to him/her. It is an opportunity to learn what goals a person would like to accomplish. Goals reflect the values and principles of what is important in the everyday life of the person. When a person determines their own goals, their satisfaction and life quality increase and they are more able to direct their supports and exercise control over their life.

Contact your Support Coordinator or your region office to learn more about a Person-Centered Plan.

Natural Supports

Natural supports are non-paid services provided by family, friends, neighbors, classmates, co-workers, or others that have an influence or impact in that person's life. A person with disabilities thrives when a group of people who care are involved in their life. We all rely on natural supports. As an individual with a disability or a family member of someone with a disability, you will rely on natural supports as the first and most enduring source of assistance. The Division can only supplement the natural supports an individual receives. No matter how much help is needed or received through funding from the Division and its many services, it can never supplant the need for family or the circle of supports—the natural supports.

Family And Consumer Groups

When you enter the world of disabilities services, you may find that you do not know where to get needed information, help, support and services. Sometimes you feel that no one else has felt the way you feel. By connecting with other people with disabilities or other parents of children with disabilities you will find that many people have felt these feelings and have learned where to get information to help them. Local groups, known as People First groups for individuals with disabilities, and Family to Family networks for parents of children with disabilities have been established to serve as a resource. Local People First and Family to Family Networks are made up of individuals and family members who have been through or are going through situations that are similar to your own. Telephone numbers, where you can contact People First or Family-to-Family Networks, are listed in the back of this book in the Resource section.

Family Networks

Family networks are groups of parents working to improve the quality of life for people with disabilities and their families. They are set up on state, region and local levels and are organized and run by family members of individuals with disabilities. Family networks provide a way for parents to support and educate other parents. The Division endorses and provides some funding to the family networks. One of the purposes of family networks is to give input to the Division about services. Your family network also has a link at the Division website – www.dspd.utah.gov.

People First Groups

People First groups are made up of individuals who are or could be receiving services from the Division. For information about your local consumer people first groups, contact your local Division office. These are the goals formulated by members of the People First groups.

- Tell the public about “People First” language; tell people they should get to know the person first and not focus on the person’s disability.
- Help people with developmental disabilities understand that they can make choices, such as where to live and work.
- Help people with developmental disabilities learn how to speak for themselves and make their own decisions.
- Help get more money for people waiting for services.

DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES ORGANIZATION

The Division is a part of the Utah Department of Human Services. It is organized into regions that are headed by Region Directors. Administrative Program Managers work under the direction of Region Directors and oversee the state and privately contracted Support Coordinators. The Division also includes the Utah State Developmental Center, a state-run ICF/MR in American Fork.

In any organization or service, there are times when frustrations and problems may arise. The Division has a process that will help you if you are unable to solve a problem. Your first contact is always your Support Coordinator, who can help you with concerns or questions you may have with Division services. They can also help you determine the appropriate person you should talk with if the problem lies outside of the Division but involves your services such as Medicaid, provider agencies, etc. If your Support Coordinator is unable to help you, contact the Support Coordinator’s Administrative Program Manager, and then for further information contact the Region Director. Each level can also tell you about the grievance process if it is needed.

HOW SERVICES ARE PROVIDED

Services are provided in a variety of methods. Each individual and family will evaluate their needs and abilities to determine which service or combination of services would best serve them. Support coordination is a service offered to everyone who comes into Division services. Division employees or individuals or agencies under contract with the Division provide support Coordination. For more information on contract support coordination providers check the provider list at the end of this book or contact the Division.

Provider Agencies

The intellectual disability or brain injury waiver services you receive through the Division may be provided by a provider agency (a company that works under contract with the Division). The provider agencies may specialize in specific types of services, so work with your Support Coordinator or intake worker to obtain more information. If you are receiving services from the Division, your Support Coordinator will arrange for funds to be allocated to the provider agency of your choice. Your Support Coordinator will help answer questions and explore your options. Provider agency services may be also paid for privately and you may contact them directly. If you wish to find out more information, a provider list can be found at the end of this book.

Self-Administered Services

Another method for delivery of services has emerged to support self-determination. If an individual or family is willing to put forth the necessary “sweat equity” (time, monitoring, training, developing programs, preparing support strategies and monthly summaries) to direct the needed services for a person with a disability, they may want to consider Self-Administered Services. Self-Administered Services is a term used to describe services that are managed by the person with a disability and/or their family. A

fiscal agent, contracted with the Division, deals with the payroll, including state and federal tax deductions, and issues checks to the individual's employees who are delivering the services. This allows an individual/family to have more direct control over their budget and services. This delivery option is limited to certain types of service with the intellectual and brain injury waivers. However, all physical disabilities services are self-administered.

Fiscal Agents

Fiscal agents are companies set up to do payroll and state and federal tax deductions for you. When choosing a fiscal agent, a person or family with a person who has disabilities becomes the employer. It gives them more direct control over the budget, but it also brings the added responsibility for hiring, firing, training and keeping required records and tax forms.

SERVICES FOR CHILDREN AND ADOLESCENTS

If you are a parent of a young child with mental retardation or a related condition, there are other agencies and programs available, such as early intervention services through the Utah Department of Health, including "Baby Watch," "Children with Special Health Care Needs," "Children's Health Care and Evaluation" (CHEC), and "Children's Health Insurance Program" (CHIP). For more information see the "Services by Other Agencies for Children" section and/or the Resource section in this book. There are also services that may be available to your child (under the age of twenty-two) through the Division of Services for People with Disabilities (Division); some of those services are listed below.

Respite Care

Respite is care provided by a trained person that temporarily relieves parents or caregivers from the day-to-day care they provide. It can be provided in the family's home, in the home of the respite provider or in a specialized facility, depending on the needs and preferences of the family or individual.

Personal Assistance

Personal Assistance is a means of supporting and maintaining a family's capacity to keep a child with a disability at home. These services are flexible and might include: assistance in activities of daily living, supplemental child care, help with therapies, assistive technology or environmental modifications for accessibility, or activities that promote inclusion in the community such as recreation or social skill building.

Family Training and Preparation

Family Training and Preparation Services are intended primarily to help families participating in the Self-Administered Services method with the acquisition of skills necessary to function effectively as employers of their self-administered supports. Services may also include training families in areas such as parenting, skill training for daily living or social-leisure-recreation, and other areas that are identified as a need for the family.

Family and Individual Training and Preparation

Family and Individual Training and Preparation Services are training and guidance services for a person or their family member to better support the individual in their home. Services in this area may include instructions on how to access services, how to participate in the self-direction of care, how to hire, fire and evaluate service providers, consumer choices and rights and responsibilities, techniques of behavioral support, social skills development, and accessing community cultural and recreational activities, or other areas that are identified as a need for the individual and family.

Partial Day Supports (After School Program)

Partial Day Supports provides hourly support, supervision and habilitation for individuals and groups of up to twenty children. This service provides a safe, non-residential, community habilitation program in a structured programmatic setting, or other naturally occurring environment or community setting where people can gather in groups during the day *after normally occurring school* has ended for the day or week to avoid becoming isolated and encourages persons to participate in and contribute to their community.

Residential Habilitation Services

Residential habilitation is out of home placement with qualified and trained provider agencies.

Professional Parent Homes (for children) and Host Home Services (for adults) are out-of-home placements for a short or extended period of time within the private home of a trained host family. This is an alternative to an institutional or group home setting.

Other Division services may be available depending on individual needs. For phone numbers and contact information, please refer to the Resource section in the back of this book.

OTHER SERVICES FOR CHILDREN

There are other agencies that provide services to children and adolescents. Whether you have a baby, a young child or an adolescent with disabilities, there are different avenues of support. Listed below is information about some of these services.

Early Intervention

Early intervention services are delivered through the Utah Department of Health “Baby Watch” program that provides referrals for services and identification for treatment for children with developmental delays ages 0-3. Other programs are “Baby Your Baby,” “Children with Special Health Care Needs,” and “Children’s Health Care and Evaluation” (CHEC). Refer to the Resource section for phone numbers for these programs.

Health Care Information

Other programs that may be able to serve your child’s needs:

- Early Intervention - Provides therapy and training for children with developmental disabilities up to age three.
- Baby Your Baby – Offers information about prenatal and well-child care.
- Children with Special Health Care Needs (CSHCN) – Multi-disciplinary assessments and evaluations are done by this agency based on a sliding fee scale.
- Children’s Health Care and Evaluation (CHEC) – Provides medical and dental care for children enrolled in Medicaid.
- Children’s Health Insurance Program (CHIP) – A health care insurance program for children without insurance who are unable to access services due to family income.

Refer to the Resource section for phone numbers for these programs.

Education System

Federal law requires that all children have a free and appropriate education (Individuals with Disabilities Education Act or IDEA for children ages 3-22). Issues dealing with your child's education should be addressed by your local school district. An Individual Education Plan (IEP) is developed for each child with disabilities to ensure an appropriate education. Sometimes creating the IEP can be a very complex process. You may want to enlist the help and attendance at the IEP meeting of your family members and other natural supports, Support Coordinator, therapists, and providers. Families need to be the advocates for their children, and may want to seek information about their rights and the services available for people with disabilities. This information can be obtained by your parent-to-parent connection through your local Family Network, by attending conferences in your area or by contacting the Utah Parent Center or the Disability Law Center.

Transition Planning

Transition, or change, happens many times throughout a person's life. The Individuals with Disabilities Education Act (IDEA) states that a written transition plan must be in place by age sixteen for students enrolled in Special Education. This should be part of the Individualized Education Plan (IEP).

You and your child should meet with the person who is responsible for transition at your school. The Division could be involved in helping your student in future directions. Refer to the timeline of services to know when to also apply for services that may be needed in the future.

The Utah State Office of Education is responsible for education issues. Your child has the right to remain in school until age twenty-two. Your Individual Education Plan can determine whether or not your child should remain in the educational system

beyond the age of eighteen. During these extra years, he or she can focus on gaining independence and vocational skills. Your child may want to participate in graduation ceremonies with his/her graduating class. This is appropriate if they choose, but they should receive a Certificate of Completion, and not a diploma. If a student is awarded a diploma, they are not allowed to return to the school system. Just because your son or daughter leaves the school system does not mean that they will be immediately accepted into Division adult services. It is very unusual for the Division to provide day or employment services before a person turns twenty-two.

One important transition is moving from school into the adult world. Exiting the school system at age twenty-two should be a smooth transition if the proper steps are followed. To be the best advocate, visit programs and community options before your student turns twenty-one. This is the time to learn all you can about adult services for people with disabilities. Be sure that the Critical Needs Assessment has been updated BEFORE age twenty-two and your student is on the Division waiting list for adult services.

There are some issues that you and your student should be considering before they reach age eighteen including guardianship, trust funds, estate planning and reproductive rights. The Disability Law Center, the Office of Public Guardianship, Guardianship and Advocacy Providers, or Guardianship Associates of Utah are resources on these issues.

SERVICES FOR ADULTS

Preparing for the adulthood of a person with intellectual disabilities or related conditions, or brain injury begins early. Individuals and families should build new dreams and plans for the future, just like with any child. The Division uses a Person-Centered Planning Process that promotes self-determination. This helps identify the person's strengths, preferences and future goals needed to help the individual to be successful.

All adults need to live in the most independent setting possible. An individual in any program has personal rights such as freedom of religion and associations. They also should have adequate care and support, including medical, dental, and nutritional care, as well as appropriate instruction/education in skills that are most important. Each of the person's needs should be addressed in the Person-Centered Planning process. Below are listed some of the services offered by the Division to help individuals realize their dreams!

Day Supports

Supported Employment

Supported employment provides job development, placement and intensive on-the-job training in the community for adults with disabilities. A job coach provides on-the-job supervision tailored to the needs of the individual. Services can also assist people to start their new business enterprises.

Day Services

These services are designed to promote the ongoing development and maintenance of skills such as self-help skills, community living and self-sufficiency skills, social adjustment and communication.

Personal Assistance Services

Adults with intellectual disabilities or related conditions, brain injury or physical disabilities may obtain this service through the self-administered method as well as a contracted provider method. This service provides direct care to the person in the home as outlined in the person's Support Plan.

Community Living Supports

Respite Care

Respite is care provided by a trained person for a family member with disabilities. This provides temporary relief to parents or caregivers from the day-to-day care they provide. It can be provided in the family's home, in the home of the respite provider or in a specialized facility, depending on the needs and preferences of the family or individual.

Supported Living

Supported living provides staff support for a variety of needs and activities for parts of the day or week. It can be provided in the individual's home, whether they live on their own or with their family. The purpose of this service is to assist the individual to be more independent in their daily tasks and to be able to fully access the community.

Out-Of-Home Services

Host Home

A host home is a residential community option where individuals choose to live in a family setting. Persons who are eighteen years of age or older and are eligible for Division services and have an assessed need for residential placement may choose a host home living situation and receive supports and services that are defined in the individual's Support Plan.

Residential Habilitation (Group Home or Apartment)

Residential habilitation is provided in single homes or apartments in which up to four individuals with disabilities may reside. Services in the homes are designed to assist individuals to develop personal daily routines and activities. Homes are located in neighborhoods with access to shopping, work and recreational opportunities. Typically, agencies that provide these services have the responsibility of providing 24-hour supervision of the individuals who reside in the home. The amount of the supervision is determined by the individual's needs.

Residential Care Facilities

Utah State Developmental Center

The Utah State Developmental Center (USDC) in American Fork is a state-operated intermediate care facility that provides 24-hour residential services and supports for individuals with developmental disabilities. The Center has on-site medical and dental services in addition to other professional services. This program is intended to serve individuals who are eighteen years or older, who have complex needs and are in need of intensive health supports or training.

Admission to the Developmental Center is considered only after the Division's Emergency Services Management Committee has reviewed the options for less restrictive available alternatives.

**PRIVATE INTERMEDIATE CARE FACILITY
(FOR PERSONS WITH) MENTAL RETARDATION
(ICF/MR)**

Privately operated intermediate care facilities are 24-hour residential care programs that are administered by the Utah Department of Health. Individuals who qualify for services through the Medicaid Home and Community-Based Services Waiver for Persons with Intellectual Disability or Related Conditions also qualify for intermediate care services. Care facilities allow a larger number of residents to live together than are allowed in the Division's group homes and community living programs. Intermediate care facilities have a variety of services that are based on the needs and requirements of the individual. They provide for the training, medical, dietary, psychological and social needs of the individual, with the goal of helping individuals to reach their maximum potential. Many individuals residing in an intermediate care facility may spend the majority of their life in such a facility. There is no waiting list for these services. The intermediate care facilities are listed on the following page.

Intermediate Care Facilities for Persons with Mental Retardation

Bungalow Care Center

645 South 1300 East
Salt Lake City, UT 84102
(801) 582-1457

East Side Center

642 South University Street
Salt Lake City, UT 84102
(801) 582-2195

Hidden Hollow Care Center

261 West 2000 South
Orem, UT 84058
(801) 225-2145

Hillcrest Care Center

348 East 8000 South, Box 470
Sandy, UT 84091
(801) 566-4191

Lindon Care and Training Center

680 North State Street
Lindon, UT 84042
(801) 785-2179

Medallion Manor

1701 West 600 South
Provo, UT 84601
(801) 375-2710

Medallion Supported Living

651 East 600 South
Lehi, UT 84043
(801) 768-0471

Mesa Vista

394 West 400 North
Orem, UT 84057
(801) 225-9292

North Side Center

340 North 100 West
Bountiful, UT 84010
(801) 292-6797

Provo Care Center

256 East Center Street
Provo, UT 84606
(801) 373-8771

Topham's Tiny Tots Care Center

247 North 100 East
Orem, UT 84057
(801) 225-0323

Trinity Mission

Wide Horizons

910 Monroe Boulevard
Ogden, UT 84404
(801) 399-5876

West Jordan Care Center

3350 West 7800 South
West Jordan, UT 84088
(801) 282-0686

West Side Center

4028 South 4800 West
West Valley City, UT 84120
(801) 968-8122

OTHER SERVICES FOR ADULTS

There are other agencies available to help adults with disabilities. A brief description is given here and phone numbers are listed in the Resource section.

Guardianship

When a person turns eighteen years of age, that person becomes a legally competent adult in the eyes of the law with all the rights and responsibilities of adulthood. Regardless of an individual's level of disabling condition or functional abilities, that person is considered to be a legally competent adult until proven otherwise by a court of law. If your child's decision-making capacity is severely affected, based on a chronic or acute condition, it may be necessary for them to have a guardian.

To establish guardianship, file a request for appointment of a Guardian of an Incapacitated Person in the District Probate Court in the county where the individual resides. The court then sets a date for the hearing to determine if the petition has merit. At the hearing, the individual with a disability has the right to legal representation, to be present at the hearing, to conduct cross-examination and to receive notice.

Full guardianship over a person with disabilities is not always necessary and is rarely awarded. A limited guardianship or other legal means of providing informed consent may be more appropriate. There are different types of limited guardianship, including medical, habilitation (training), residential and financial. Most often these are adjudged according to the needs and rights of the individual.

Legal guardianship does not mean that you must keep your family member in your home. It does not mean that you take the obligation to support that person financially or become their

“forever” caretaker. If the person for whom you seek guardianship has some decision-making abilities, you will not be granted guardianship over all aspects of that person’s life. The rights and privileges of an incapacitated person are not taken away with guardianship. A guardian is granted authority only “to protect the rights, interests, and well being of said person.”

There are agencies that can help you through the process of guardianship such as the Office of Public Guardian, the Disability Law Center, Guardianship and Advocacy Providers and Guardianship Associates of Utah. You may find phone numbers for these agencies in the Resource section of this book.

Rehabilitation Services

Vocational rehabilitation services are for those who have a physical or intellectual impairment that constitutes a substantial impediment to employment. Those who qualify require vocational rehabilitation services to become gainfully employed. For the phone number of the Division of Rehabilitation Services and for more information on these services, refer to the Resource section of this book.

Other Services

There are other services such as personal assistance, personal emergency response, medication monitoring, educational supports, environmental accessibility adaptations, behavior analyst consultations, and transportation available as adult services. Please contact your Support Coordinator for a complete list of available services

Supplemental Security Income (SSI)

At age eighteen, a person with disabilities may be eligible for income support, such as Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI), which are federal government assistance programs. The Division does not offer financial/cash assistance. You will need to call your local Social Security Administration office to obtain necessary forms and to set up your initial appointment. The toll free phone number for Social Security Administration is (800) 772-1213.

(Hint: Social Security will need originals, not photocopies of birth certificates, social security cards, etc. They will copy the documents and return them to you.)

The Social Security Administration also directs work incentive programs. Impairment Related Work Expenses (IRWE) allows expenses that are specifically related to the individual’s job to be deducted from earnings in determining ongoing eligibility for Social Security benefits. These expenses include uniforms, tools, and specialized equipment. A Plan for Achieving Self-Sufficiency (PASS) may be utilized as early as age fourteen to support vocational training. Ask your Social Security Administration representative for more information at the above phone number.

DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES OFFICES

The state of Utah is divided into three regions. Each region has a director over Division services for that area. Independent of the two regions is the Utah State Developmental Center, which also falls under Division services.

Central Region

Melody Morgan, Director
Division of Services for People with Disabilities
1385 South State Street
Salt Lake City, UT 84115
(801) 468-0084

Southern Region

Douglas Maughan, Director
Division of Services for People with Disabilities
150 East Center Street
Provo, UT 84606
(801) 374-7005

Northern Region

Douglas Maughan, Director
Division of Services for People with Disabilities
1290 East 1450 South, Suite 2
Clearfield, UT 84015
(801) 374-7005

Utah State Developmental Center

Karen Clarke, Superintendent
Utah State Developmental Center
895 North 900 East
American Fork, UT 84003
(801) 763-4000

Division offices throughout the state

Blanding

522 North 100 East
Blanding, UT 84511
(435) 678-1411

Clearfield

1290 East 1450 South #2
Clearfield, UT 84015
(801) 779-6700

Logan

115 Golf Course Rd. Ste. C
Logan, UT 84321
(435) 787-3450

Manti

55 South Main St. #24
Manti, UT 84642
(435) 835-0795

Nephi

1409 South Main Street
Nephi, UT 84648
(435) 623-2431

Price

475 W. Price River Dr. #262
Price, UT 84501
(435) 636-2390

Provo

150 East Center St.
Provo, UT 84606
(801) 374-7005

Salt Lake City

1385 South State St.
Salt Lake City, UT 84115
(801) 468-5084

St. George

377 E. Riverside Dr
Bldg. B Suite A.
St. George, UT 84790
(435) 674-3961

Vernal

980 West Market Dr.
Vernal, UT 84078
(435) 789-9336

DEFINITIONS

Advocate/Advocacy:

To actively promote the fundamental principles of self-determination for all individuals with disabilities.

All:

"All" means "everybody", not just people without disabilities.

Assistive Technology:

Any type of device or service that can be used to increase, maintain or improve the capabilities of persons with disabilities.

Brain Injury Waiver:

An approval to waive certain requirements in order to use Medicaid funds to assist people with acquired brain injury (ABI) and traumatic brain injury (TBI) to receive services outside of a nursing home.

CHEC (Child Health

Evaluation and Care): A preventative care program for children up to 21 years of age that tries to identify and treat health problems before they become disabling.

CHIP (Children's Health Insurance Program):

An insurance program for children 19 years of age and younger whose family does not qualify for Medicaid but cannot afford health insurance.

Division of Services for People with Disabilities

(Division): A state agency within the Department of Human Services responsible for the administration of state and federal funding to provide services for people with eligible disabilities.

Early Intervention:

Programs and services for children with disabilities from birth to age 3.

Eligible Disability:

Intellectual disability or related conditions, brain injury, and physical disabilities as defined in R539-1.

Eligibility: Determination of whether or not a person qualifies for Division

services based on specific criteria outlined in Administrative Rule R539-1 and type of disability.

Family to Family Network:

A group of parents who work together to improve the quality of life for people with disabilities and to advise local Division offices.

Family Training and Preparation:

Training provided to families to assist them to self-administer their services.

Fiscal Agent/Intermediary:

A company that is hired to handle payroll duties for those who use the self-administered supports model.

Guardian: The person who is legally responsible for the care of another person (and/or his or her property).

Guardianship: The legal process parents/families go through to become legally responsible for a person with disabilities who is eighteen years of age or older.

Home and Community-

Based Waiver: An approval to waive certain requirements in order to use Medicaid funds for an array of home and community-based medical assistance services as an alternative to institutional care.

Host Home: Specially trained individuals or families who care for an adult who may need out-of-home placement for a short or extended period of time.

Intermediate Care Facility

for Persons with Mental Retardation (ICF/MR): A 24-hour residential facility for persons with mental retardation and related conditions.

Individuals with Disabilities

Education Act (IDEA): A federal law requiring all children to have a free and appropriate public education.

IEP: Individual Education Plan that directs the services for a child with a disability in a school district.

Inclusion: The process of enabling persons with disabilities to be educated, live, work and participate socially in the same environment as others who are not labeled disabled. Inclusion is also used by educators to refer to the integration of children with disabilities into regular classes for part or all of the school day.

Independent Living: A community living situation in which a person with disabilities lives alone or with others with the necessary supports from paid staff and natural supports.

Informed Consent: A decision based on knowledge of advantages and disadvantages and implications of choosing a particular course of action.

Least Restrictive

Environment: The most integrated, appropriate setting for an individual with disabilities, so they can interact as much as possible with peers who do not have disabilities.

Local Interagency Council:

Local agencies that work together to improve service delivery to children and youth at risk who are experiencing multiple problems and who receive services from more than one state agency.

Medicaid: A federal program that pays for health care and long-term support expenses for people who meet eligibility requirements. Benefits are paid with federal and matching state dollars.

Monthly Summary: A summary of daily notes required at the end of each month to be given to the Support Coordinator.

Natural Supports: The family and people in the community who support a person with a disability without payment.

Needs Assessment: An assessment used by the Division to rank order individuals on the waiting list based on their needs.

PASS Plan: Plan to Achieve Self-Sufficiency, allows a person receiving Social Security benefits to set aside money received to help achieve self-sufficiency without losing benefits.

Person-Centered Planning

Process: A process that describes the strengths, preferences, needs and the dreams of the individual and the services required to maintain health and safety.

Physical Disabilities

Waiver: An approval to waive certain requirements in order to use Medicaid funds for people with physical disabilities to help them maximize their independence in their choice of home, work, school, community and daily activities.

Progress Notes: See “Monthly Summary”

Provider Companies/

Provider Agencies:

Independent companies that contract with the Division to deliver supports and services to people with disabilities.

Rates: The amount that the Division pays to a provider, company or individual for each service/support for an individual.

Respite: Temporary relief from the day-to-day care of a family member with a disability.

Self-Advocate: A person with disabilities who advocates for their own supports/rights/self-determination.

Self-Determination: The philosophy of developing and making your own choices and plans and directing some or all aspects of your life.

Self-/Family-Administered Services: Services directed by the person/family receiving the service.

Support Coordinator: The person who works with individuals with disabilities and their families to develop service and Support Plans, based on the individual’s needs and wishes, and to coordinate and monitor the

services and supports provided.

Support Strategies: The detailed steps for accomplishing the goals of an Action Plan.

Supplemental Security

Income (SSI): A federal government assistance program based on the income and/or disability of the person.

Transition: The process of moving from one environment or stage of life to another. This often refers to a person with a disability leaving the school system and entering the adult world.

Waiting List: A list of eligible individuals who have completed the application process for services but are not yet funded. The list is prioritized according to the Critical Needs Assessment.

ASSISTIVE TECHNOLOGY RESOURCES

Assistive Technology is defined as any type of device or service that can be used to increase, maintain or improve the capability of people with disabilities. Some examples of assistive technology may include canes, walkers, wheelchairs, lifts, grab bars, communication boards, specialized recreational equipment and computer technology.

Sometimes the hardest part of getting assistive technology is finding it and getting funding. There are several resources available for accessing assistive technology. Some resources are listed below and others may include your local school district and your local family and consumer councils. Sometimes there may be funding available from the Division.

Access Utah Network
555 East 300 South, Suite 201
Salt Lake City, UT 84102
(801) 533- 4636
(800) 333-8824

ASSIST, Inc.
218 East 500 South
Salt Lake City, UT 84111
(801) 355-7085

Utah Assistive Technology Foundation
6835 Old Main Hill
Logan, UT 84322
1 (800) 524-5152

Utah Center for Assistive Technology
1595 West 500 South
Salt Lake City, UT 84104
(801) 887-9500

Active Re-Entry
10 South Fairgrounds Road
Price, UT 84501
(435) 637-4950

Active Re-Entry
510 East Main Suite 3
Vernal, UT 84078
(435) 789-4021

Central Utah Center for Independent Living
491 North Freedom Blvd.
Provo, UT 84601
(801) 373-5044 ext. 15

Options for Independence
1095 North Main
Logan, UT 84341
(435) 753-5353

Red Rocks Independent Living Center
515 West 300 North Suite A
St. George, UT 84770
(435) 673-7501

Tri County Independent Living Center
2726 Washington Blvd.
Ogden, UT 84402
(801) 612-3215

Utah Independent Living Center
3445 South Main
Salt Lake City, UT 84115
(801) 466-5565

PROVIDER, AGENCY and ORGANIZATION RESOURCES

(Legend: * means Provider, ^ means Fiscal Agent,
+ means private support coordinator,
all are under contract with the Division)

Access Utah Network
555 East 300 South #201
Salt Lake City, UT 84102
(801) 533-4636 or 1-800-333-8824

***Ability and Choice Services**
3855 South 500 West , Suite E
Salt Lake City, UT 84115
(801) 281-0700

***Active Re-Entry**
10 South Fairgrounds Road
Price, UT 84501
(435) 637-4950

Active Re-Entry
510 East Main, Suite 3
Vernal, UT 84078
(435) 789-4021

^Acumen
270 West Center St., Bldg. 1
Orem, UT 84057
1-888-221-7014

+Advocare Inc.
141 South 400 East
Provo, UT 84606
(801) 830-0270

***Affinity Services, Inc.**

433 East State St., Suite B
American Fork, UT 84003
(801) 427-1626

***Alana Youth Homes**

P.O. Box 571093
Salt Lake City, UT 84115
(801) 289-6744

***Alpine Transition & Employment**

350 North State St.
Lindon, UT 84042
(801) 785-8727

***Alternative Care Solutions**

3368 South 1100 East
Salt Lake City, UT 84103
(801) 647-9401

***Alternative Living Solutions**

2218 West Kiwi Circle
Taylorsville, UT 84118
(801) 966-1616

***American Association on Mental Retardation**

444 North Capitol St. NW
Washington DC 20001
(615) 568-5007

***Antanna's Vocational Services**

718 East Main, Suite 2
Tremonton, UT 84387
(435) 279-4980

+Ascend 2

1367 North 550 East
Nephi, UT 84648
(435) 660-9446

+Aspen Grove Advocacy

PO Box 125
Logan, UT 84323
(435) 890-2612

+Aspire Coordination

75 South 400 West
Springville, UT 84663
(801) 717-6006

Baby Your Baby (Prenatal Care)

1-800-826-9662

Baby Watch (Early Intervention)

44 North Medical Drive
Salt Lake City, UT 84114
(801) 584-8226 or 1-800-961-4226

+Barbara Brown Quality Support Coordination

2163 East 3225 North
Layton, UT 84040
(801) 771-3700

***Bear River Activity Skill Center**

809 North 800 East
Logan, UT 84321
(435) 797-8529

+Best Life Advocates

184 South 950 West
Spanish Fork, UT 84660
(801) 471-9038

***Brain Injury Association of Utah**

1800 S West Temple, Suite 203
Salt Lake City, UT 84115
www.biau.org
(801) 484-2240 or 1-800-281-8442

***Brighter Futures**

1800 South West Temple, Suite 4
Salt Lake City, UT 84115
(801) 487-3620

+Burr Support Coordination

6852 Denby Dale Road
West Jordan, UT 84084
(801) 867-7909

***Cache Employment/Training Center**

275 West 400 South
Logan, UT 84321
(435) 752-7952

***Cache Valley Treatment Alternatives**

Smithfield, UT 84335
(801) 563-1221

***Care To Stay Home**

720 S. River Road, #A-215K
St. George, UT 84790
(435) 652-4888

***Castle Valley Center**

251 West 400 North
Price, UT 84501
(435) 637-9150

***Center for Persons with Disabilities**

Utah State University
1415 Old Main Hill
Logan, UT 84322-1415
(435) 797-1226

***Central Utah Center for Independent Living**

491 North Freedom Blvd.
Provo, UT 84601
(801) 373-5044

***Central Utah Enterprises (Provo School District)**

1170 South 350 East
Provo, UT 84606
(801) 375-0414

***CEPP (Uintah School District)**

Uintah School District
635 West 200 South
Vernal, UT 84078
(435) 781-3123

***Cerebral Palsy of Utah**

3550 South 700 West
Murray, UT 84119
www.ucp.org
(801) 266-1805

Child Health Evaluation and Care

Utah State Health Department
(801) 538-6101

Children with Special Health Care Needs

(801) 584-8284 or 1-800-829-8200

***Choice Supported Employment**

3942 North 650 West
Ogden, UT 84414
(801) 726-3565

+Choice Supports

Salt Lake City, UT 84123
(801) 718-0581

***Choices, Inc.**

484 South 100 East
Wellington, UT 84501
(435) 637-5691

***Chrysalis, Inc.**

531 East 770 North
Orem, UT 84057
(801) 360-4672 or (801) 972-7001 (SLC Programs)

***Columbus Community Center**

3495 South West Temple
Salt Lake City, UT 84115
(801) 262-1552

***Common Ground Outdoor Adventures**

335 North 100 East
Logan, UT 84321
(435) 713-0288

***Community Careers and Support Services**

160 North Main
Richfield, UT 84701
(435) 896-8461

***Community Treatment Alternatives**

4444 South 700 East, Suite 203
Salt Lake City, UT 84107
(801) 268-4887

***COSH**

2339 West 5800 South
Roy, UT 84067
(801) 776-2251

***Covenant Employment Services**

1275 West 2320 South
West Valley City, UT 84119
(801) 977-9779

***Danville Services Corp**

6965 Union Park Ave., Suite 350
Midvale, UT 84047-6035
(801) 565-0700

***Danville Services Corp**

1455 West 820 North
Provo, UT 84601
(801) 374-0119

***Daybreak Training Services**

599 West Center St.
Pleasant Grove, UT 84062
(801) 785-8935

***DDI Vantage**

535 East 4500 South, Suite D240
Salt Lake City, UT 84107
(801) 266-3939

***Developmental Training Systems**

433 South Stewart Drive #A11
Ogden, UT 84404
(801) 394-3874

***Diehl Behavior Services**

1040 Creekside Dr.
Ogden, UT 84404
(801) 391-6258

Disability Law Center

205 North 400 West
Salt Lake City, UT 84103
(801) 363-1347 or 1-800-662-9080

**Division of Rehabilitation Services
(Vocational Rehabilitation)**

250 East 500 South
Salt Lake City, UT 84111
(801) 538-7530 or 1-800-473-7530

Division of Services for the Blind and Visually Impaired

250 North 1950 West, Suite B
Salt Lake City, UT 84116
(801) 323-4343

***Dixie Workshops**

1164 North 1210 West
St. George, UT 84770
(435) 673-5354

***Dungarvin Utah**

4001 South 700 East, Suite 548
Salt Lake City UT 84107
(801) 264-6633

***Eaton Alliance**

825 North 300 West #N139
Salt Lake City, UT 84103
(801) 455-6485

***Empowered for Life**

1467 South Riverside Drive
Salt Lake City, UT 84104
(801) 244-6599

***Enable Industries, Inc.**

2640 Industrial Drive
Ogden, UT 84401
(801) 621-6595

***Enhancing Lifestyles, Inc.**

448 East 620 South
Salem, UT 84653
(801) 423-9179

+Envision Quality Supports, Inc.

1687 East Shadow Cove
Cottonwood Heights, UT 84121
(801) 209-1357

+Evolve 2

Salt Lake City, UT 84115
(801) 898-6474

+Family Advocacy and Consultation Services

P.O. Box 13757
Ogden, UT 84412
(801) 627-1630

***Family Matters Services**

1604 North Church Street
Layton, UT 84041
(801) 771-7002

+Fidelity Supports

P.O. Box 12027
Ogden UT 84412
(801) 675-5192

***Foundations**

4601 West 3245 South
West Valley City, UT 84120
(801) 292-0068

***Friends for Life**

2228 South 2325 West
Syracuse, UT 84075
(801) 710-0210

***Front Line Services**

9287 South Redwood Road, Suite A
Salt Lake City, UT 84105
(801) 568-1419

***Futures Through Choices**

406 North Main St.
Bountiful, UT 84010
(801) 292-0068

***Goal Home**

2785 West 900 South, Suite 120
West Jordan, UT 84088
(801) 808-5826

+GS Support Services

Park City, UT 84098
(435) 659-6057

***Genesis Services**

2420 South 1300 East
Salt Lake City, UT 84106
(888) 332-0204

+Growth Through Emergence

P.O. Box 3464
Ogden, UT 84409-3464
(801) 589-7647

Guardianship Associates of Utah

180 South 300 West
Salt Lake City, UT 84101
(801) 533-0203 or 1-800-498-0203

+Harmony Support Services

P.O. Box 335
Hooper, UT 84315
(801) 390-7451

***Home Comfort Care**

P.O. Box 654
Kaysville, UT 84037
(801) 529-7172

+Horizon Support Coordination

1723 West 1375 South
Syracuse, UT 84075
(801) 510-7083

+I'Connections Support

1905 South 575 East
Clearfield, UT 84015
(801) 663-9563

+Intermountain Support Coordination

1224 South River Road Bldg. 227
St. George, UT 84790
(435) 590-7267

+Intersect Services

1157 North 2675 West
Layton, UT 84041
(801) 425-7306

***Jordan Valley Day Care & Training**

2120 East 3900 South #201
Salt Lake City, UT 84124
(801) 274-2919

***Jordan West Family Counseling**

9263B Redwood Road
West Jordan, UT 84088
(801) 566-0749

+Journey Advocacy and Support Services

1907 south 1325 West
Logan, UT 84321
(435) 787-1173

***JST Community Services**

101 East Fort Union Blvd., Suite A
Midvale, UT 84047
(801) 256-3598

***Key Support Services**

7053 South 2310 West
West Jordan, UT 84084
(801) 414-8004

+KFQ Supports

3355 West 440 South
Vernal, UT 84078
(435) 790-1956

+Keystone Advocacy and Supports

1082 South 2400 East
Spanish Fork, UT 84660
(801) 995-1511

***Kostopolus Dream Foundation**

2500 Emigration Canyon
Salt Lake City, UT 84108
(801) 582-0700

Legislative Coalition for People with Disabilities

P.O. Box 120
Springville, UT 84664-0120
(801) 243-1066 or (801) 292-1156

^Leonard Consulting

1059 East 900 South
Salt Lake City, UT 84105
(801) 359-4699

***Life Included**

9 South Sevier Hiway
Sevier, UT 84766
(435) 201-2074

***Life Mosaics**

10806 North 5250 West
Highland, UT 84003
(801) 850-1698

***Life Skills Vocational Center**

6912 South 185 West
Midvale, UT 84047
(801) 233-9014

***LINC**

862 South Main #8
Brigham City, UT 84302
(435) 723-3913

+Link Up Services

3856 W Garonne Avenue
West Jordan, UT 84084
(801) 834-3035

***LKG Life Inc.**

1173 Bryce Jeffery Drive
Riverton, UT 84065
(801) 302-0214

***Mammoth Plus, Inc.**

900 West 1850 North
West Bountiful, UT
(801) 864-1551

***Mana Training Consultants**

9176 South 300 West, Suite 34
Sandy, UT 84070
(801) 347-2366

+McGregor Advocacy and Supports

P.O. Box 150363
Ogden, UT 84415
(801) 391-9465

Mental Retardation Association of Utah (MRAU)

895 North 900 East
American Fork, UT 84003
(801) 763-4008

***Milestone Counseling Services**

3149 North Hiway 89, Suite 303
Pleasant View, UT 84404
(801) 782-6600

^Morning Star Financial Services

9400 Golden Valley Road
Golden Valley, MN 55427
(877) 450-5041

***Mosaic**

1470 North 200 West
Nephi, UT 84648
(435) 623-0140

***Mytrex (Rescue Alert)**

10321 Beckstead Lane
South Jordan, UT 84095
(801) 571-4121

***Neighborhood House**

1050 West 500 South
Salt Lake City, UT 84104
(801) 363-4589

***New Beginnings**

1202 West 1580 North
Clinton, UT 84015
(801) 525-6880

***New Leaf Alternative**

2480 South Main, Suite 105
Draper, UT 84020
(801) 485-3772

***North Eastern Services**

529 West 300 South
Orem, UT 84058
(801) 787-1502

+Northern Utah Case Management

P.O. Box 1397
Layton, UT 84041
(801) 309-3526

***Northstar Advocates and Services**

590 North 350 West
Richfield, UT 84701
(435) 201-0100

Office of Public Guardian

195 North 1950 West
Salt Lake City, UT 84116
(801) 538-8255

+Olympus Case Management

4273 West Clarks Hill Drive
South Jordan, UT 84095
(801) 330-0659

***Options for Independence**

1095 North Main
Logan, UT 84341
(435) 753-5353

***Perfetto Clinical Contracting, Inc.**

345 East 4500 South
Murray, UT 84107
(801) 750-2224

+Person Centered Advocacy

9301 Southwood Drive
Sandy, UT 84070
(801) 641-9905

***Phoenix Services Corp.**

189 South State St. #225
Clearfield, UT 84015
(801) 825-4535

***Pioneer Adult Rehabilitation Center (PARC)**

485 Parc Circle
Clearfield, UT 84015
(801) 402-0950

***Pioneer Youth and Adult Community Services**

3030 South Main Street #400
Salt Lake City, UT 84115
(801) 474-2500

***Proaxis**

1108 East 2700 South, B11
Salt Lake City, UT 84106
(801) 485-6658

***Pryme Corporation**

546 South 450 East
Clearfield, UT 84015
(801) 773-3826

***Quality Support Solutions**

966 South 400 East
Salt Lake City, UT 84111
(801) 575-5484

***Quest Youth Services**

320 West 200 South #100 B
Salt Lake City UT 84101
(801) 828-7953

***Red Rock Center for Independence**

515 West 300 North, Suite A
St. George, UT 84770
(435) 673-7501

***RISE, Inc.**

1358 West Business Park Drive
Orem, UT 84058
(801) 373-1197

***RITES, Inc.**

96 North Fort Lane
Layton, UT 84041
(801) 628-0587

***Salt Lake Advocacy & Community Training**

3098 South Highland Drive Suite 355
Salt Lake City, UT 84106
(801) 412-3798

***Salt Lake County Parks & Recreation**

8446 South Harrison
Midvale, UT 84047
(801) 561-0075

***Sanpete Community Training**

185 North 350 West
Ephraim, UT 84627
(435) 283-4718

+Seasons Advocacy and Consultation

2736 East "Willow Wick Drive
Sandy UT 84093
(801) 870-6252

+Silver Creek Support Coordination

914 West 280 North
Orem, UT 84057
(801) 319-1751

***South Valley Training Co.**

455 West 9160 South
Sandy, UT 84070
(801) 561-1661

Southwest Mental Health Center

354 East 600 South
St. George, UT 84770
(435) 634-5600

***SP Foundation**

78 East 1450 South
Orem, UT 84058
(801) 859-8311

***Special Home Provider**

11115 Justin Park Drive
Sandy, UT 84092
(801) 550-1407

***Special Population learning Outdoors**

880 East 3375 South
Salt Lake City, UT 84106
(801) 484-4128

***Specialized Supported Living Services**

Layton, UT 84041
(801) 814-0506

State Office of Education

Special Education
250 East 500 South
Salt Lake City, UT 84111
(801) 538-7711

***S.T.E.P.S.**

502 West 1400 North
Orem, UT 84057
(801) 434-7723

***Stepping Stones**

180 East 2100 South, 201B
Salt Lake City, UT 84115
(801) 493-2100

+Support Coordination Services of Utah

P.O. Box 41
West Jordan, UT 84088
(801) 289-6073

+Summit Advocacy

372 West 1000 North
Cedar City, UT 84721
(435) 592-5157

+Sunrise Support

164 East 540 North Circle
American Fork, UT 84003
(801) 360-7704

+Sunset Supports

Springville, UT 84663
(801) 361-5870

+Superior Support Services

9588 Pendleton Way
South Jordan, UT 84095
(801) 718-8758

+Support Coordination Services of Utah

P.O. Box 41
West Jordan, UT 84088
(801) 289-6073

***TKJ, Inc.**

2413 Royal Lane
Sandy, UT 84093
(801) 943-1860

***Training in Life Choices**

2015 Jackson Avenue
Ogden, UT 84401
(801) 628-0587

***Transitions, Inc.**

29 East Center St.
Blanding, UT 84511
(435) 678-3741

***Tri County Independent Living Center**

2726 Washington Blvd.
Ogden, UT 84401
(801) 612-3215

***TURN Community Services**

P.O. Box 1287
Salt Lake City, UT 84110-1287
(801) 359-8876

***U of U Neurobehavioral Home Program**

650 Komas Drive, Suite 200
Salt Lake City, UT 84108
(801) 587-3108

***USU Center for People with Disabilities**

6880 University Hill
Logan, UT 84312
(435) 797-7157

Utah Assistive Technology

Center for Persons with Disabilities
6855 Old Main Hill
Logan, UT 84322
(435) 797-7412

Utah Association of Community Services

Salt Lake City, UT 84115
(801) 631-3856

***Utah Behavior Services**

Salt Lake City, UT 84109
(801) 255-5131

Utah Community Center for the Deaf/Hard of Hearing

5709 South 1500 West
Salt Lake City, UT 84123
(801) 263-4861 or 1-800-860-4860 TTY (801) 263-4860

Utah Developmental Disabilities Council

155 South 3rd West #100
Salt Lake City, UT 84104
(801) 533-3965

***UTA (Utah Transit Authority)**

3600 South 700 West
Salt Lake City, UT 84119
(801) 287-5350

***Utah Advocacy Network**

187 North 3000 West
West Point, UT 84015
(801) 643-2866

Utah Association for Intellectual Disabilities

2910 South Highland Drive
Salt Lake City, UT 84106
(801) 654-8449

***Utah Independent Living Center**

3445 South Main
Salt Lake City, UT 84115
(801) 466-5565

***Utah Parent Center**

2290 East 4500 South #110
Salt Lake City, UT 84117
(801) 272-1051 or 1-800-468-1160
www.utahparentcenter.org

Utah Transit Authority (Flextrans)

3600 South 700 West
Salt Lake City, UT 84130
(801) 287-7433

Valley Mental Health

5965 South 900 East
Murray, UT 84121
(801) 273-6311

***Valley Personnel Services, Inc.**

1368 West 130 South
Orem, UT 84058
(801) 226-4411

***Voices and Choices Support Coordination**

108 West 300 North
Richfield, UT 84701
(435) 896-5245

***Work Ability (Department of Health)**

238 North 1460 West
Salt Lake City, UT 84114
(801) 887-9388

***Work Activity Center**

1275 West 2320 South
West Valley City, UT 84119
(801) 977-9779

***Work, Inc.**

262 East 3900 South, Suite 126
Salt Lake City, UT 84107
(801) 262-0950

Note: This list was last updated March 2010.

WEBSITES

ASSISTIVE TECHNOLOGY

Abledata

www.abledata.com

Utah Assistive Technology

www.uatf.org

EDUCATION

Federal Resource Center for Special Education

www.rrfcnetwork.org

Utah State Office of Education

www.usoe.k12.ut.us

Association of Higher Education and Disability

www.ahead.org

EMPLOYMENT

Utah State Office of Rehabilitation

www.usor.utah.gov

INDEPENDENT LIVING

Institute on Independent Living

www.independentliving.org

ORGANIZATIONS

American Association on Intellectual and Developmental Disabilities (formerly AAMR)

www.aaidd.org

Autism Society of America

www.autism-society.org

Center for Persons with Disabilities

www.cpd.usu.edu

Disability Law Center

www.disabilitylawcenter.org

Easter Seals

www.easterseals.org

Epilepsy Foundation

www.efa.org

Family Voices

www.familyvoices.org

MRAU

www.mrau.org

National Information Center for Children and Youth with Disabilities

www.nichcy.org

National Parent Network on Disabilities

www.npnd.org

Utah Developmental Disabilities Council

www.utahddc.org

Utah Families for Effective Autism Treatment

www.utahfeat.org

Utah Family to Family Network

www.utahfamilytofamilynetwork.org

Voice of the Retarded

www.vor.net

PARENTING

Children with Disabilities

www.childrensdisabilities.info

TRANSITION

National Transition Network

<http://ici2.umn.edu/ntn/>

NATIONAL TOLL-FREE NUMBERS

Alliance of Genetic Support Groups
1-800-336-GENE

American Association on Mental Retardation
1-800-424-3688

American Council of the Blind
1-800-424-8666

Autism Society of America
1-800-328-8476

Better Hearing Institute (EARWELL)
1-800-327-9355

Brain Injury Association
1-800-444-NHIF

CHADD (Children and Adults with Attention Deficit Disorder)
1-800-233-4050

Depression Awareness, Recognition and Treatment
1-800-421-4211

Epilepsy Foundation of America
1-800-EFA-1000

Federal Information Center
1-800-688-9889 TTY 1-800-326-2996

Children's Craniofacial Association
1-800-535-3643

International Hearing Society
1-800-521-5247

National Adoption Center
1-800-TO-ADOPT

National Alliance for the Mentally Ill
1-800-950-6264

National Down Syndrome Congress
1-800-232-6372

National Down Syndrome Society
1-800-221-4602

National Fragile X Foundation
1-800-688-8765

National Health Information Center
1-800-336-4797

National Information Center for Children and Youth with
Disabilities
1-800-695-0285

National Institute of Mental Health
1-800-421-4211

National Library Service for the Blind & Physically Disabled
1-800-424-8567

National Organization for Rare Disorders (NORD)
1-800-999-6673

National Rehabilitation Information Center & Abledata
1-800-346-2742

National Spinal Cord Injury Association
1-800-962-9629

Social Security Administration
1-800-772-1213

Spina Bifida Hotline
1-800-621-3141

United Cerebral Palsy Association
1-800-USA-5UCP

Timeline of Services and Supports

At What Age Should Supports Be Available?

Age and Supports		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	35	45	55 +					
Early Intervention																				Apply for Brain Injury Waiver															
	Pre-School	Local School District/Special Education 504 Accommodations													Transition to Adult Day Supports																				
		Extended School Year (ESY) [Summer School]													Apply for Division Supported Employment or other Day Supports					Division Supported Employment or other Day Supports					Retirement										
																			Apply for Vocational Rehabilitation																
																			Ask about Guardianships																
																			Apply for Supplemental Security Income																
																			Apply for Medicaid (sooner if waiver or income eligible)																
																			Obtain Guardianship if needed																
																			Start to think about future housing-Contact local Housing Authorities																
																			Apply for Physical Disabilities Services / Division																
		Apply with Division of Services for People with Disabilities for Additional Services - Division Services Include:																																	
		Family Support / Respite Care / Supported Living / Residential / Supported Employment and other Day Supports																																	